



Clenpiq Colonoscopy Preparation Instructions

FOLLOW THESE INSTRUCTIONS – NOT THOSE ON THE BOX YOU RECEIVE FROM THE PHARMACY!

Items to Purchase

Clenpiq (prescription)

3 Days Before Procedure

- ✓ Eat a well-balanced diet. Avoid whole grain foods, nuts, seeds, popcorn, raw or dried fruits and vegetables, and salads.

Day Before Procedure Beginning at 12:01am

- ✓ For the entire day before your procedure, you should have **NO SOLID FOOD**. You should begin a clear liquid diet.
 - Clear liquids may include water, soft drinks, coffee or tea without cream, popsicles, broth/bouillon, Jell-O, non-pulpy juice, etc.
 - **DO NOT** consume anything red in color **OR** dairy products.
- ✓ At **4:00pm**, drink 1 bottle of CLENPIQ followed by 5 or more cups (8 oz. each) of clear liquid.

Day of Procedure

- ✓ Continue a clear liquid diet.
- ✓ **6 hours prior to arrival time:** Drink the remaining bottle of CLENPIQ followed by 4 or more cups (8 oz. each) of clear liquid.
- ✓ **4 hours prior to arrival time:** Take any necessary medications. You must be finished with your final cup of clear liquid.

ABSOLUTELY NOTHING ELSE BY MOUTH AFTER THIS TIME!